

Abstract

The invention relates to the use of a composition containing synergistic amounts of antioxidants selected
5 from the group consisting of:
- Vitamin E
- Beta-carotene
- Vitamin C
- Selenium
10 - an extract of *Lycopersicum esculentum*
- an extract of *Vitis vinifera*, and
optionally a suitable carrier material for preparing a
pharmaceutical composition, food supplement or cosmetic
for protecting the skin from UV rays, ageing under the
15 effect of UV rays and/or inflammatory processes.